

Applying for Social Security Disability Insurance (SSDI) Benefits

Before Starting an Application

Make sure you are working below **Substantial Gainful Activity (SGA)**:

- 2017: \$1,170 per month gross (before taxes).
- 2018: \$1,180 per month gross (before taxes).

Get your Date Last Insured (DLI) by calling your local Social Security Field Office:

- DLI lets you know how long you have to apply for SSDI and if you are still eligible for benefits.

Future date: You are still eligible for benefits.

Past date: Seek additional guidance.

- Find your local office's phone number here: www.ssa.gov/locator.

Do not wait to apply!

If you think you may be eligible for SSDI, contact the Social Security Administration (SSA) right away!

Tips for Completing an Application

See your physician on a regular basis:

- Get treatment from a specialist for your disease.
- Follow prescribed treatment.
- Be mindful and honest when speaking to your physicians—do not understate symptoms.
- Obtain medical records for application.

For your SSA application, you may need original copies of:

- Social security card or number.
- Proof of age (e.g., birth certificate).
- Citizenship or alien status record (e.g., birth certificate, naturalization certificate, U.S. passport, etc.).
- Proof of income.
- Medical sources (may include medical records, contact information of doctors and the approximate dates you were treated, and names of all medications that you take).
- Work history: job titles, type of business, dates worked, hours worked, description of job duties.

Call your local SSA Field Office to set up an appointment to complete an SSDI Application, or complete the application online at

www.ssa.gov/disabilityssi.

While awaiting a determination, see your doctor regularly.

Stay calm and call CVC if you have questions.

We're here to help!

RESOURCES

Caring Voice Coalition

(888) 267-1440 | www.caringvoice.org

For more tips about applying for disability, please see

www.caringvoice.org/disability.

Social Security Administration

(800) 772-1213 | www.ssa.gov

The patient association for your disease.

Contact CVC if you aren't sure how to reach them.

Aunt Bertha

www.auntbertha.com

Search by area and the website will list available programs across a wide range of assistance types.

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caring voice
coalition

We're Here to Help.

CARING VOICE COALITION, INC.

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